

# **ILLINOIS CENTRAL COLLEGE**

## **Health Care Plan Amendment**

**Effective 1/1/09, the Illinois Central College Health Care Plan shall be amended to include the following language:**

### **COVERAGE FOR MOTHERS AND NEWBORNS**

**Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours if applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).**

### **QMCSO AND PPO PROVIDERS**

**A qualified medical child supports order (QMCSO) should be sent to the Plan Sponsor. If the order does not comply with ERISA Section 609, the order will be returned to the party that sent it. If the order does comply with ERISA, interested parties will be notified of the Plan's decision to extend coverage and sent a copy of the Plan Description within a reasonable time. A list of PPO providers, if applicable, will be sent to you by the Plan Sponsor without charge at your request.**